

## MY HOBBY (Outstanding)

*This exhausted life,  
Full of fright,  
Needs some rest;  
And a happy quest.*

It is said that an empty mind is devil's workshop. The moment we sit idle, devil starts teaching evil to our minds. So it is always better to do something constructive in our spare time. Anything that we do in our spare time is called our hobby. It may or may not help us earn money or fame. But it does give us pleasure, peace of mind and satisfaction.

### **A hobby a day keeps the doldrums away**

People adopt different hobbies according to their age, taste and nature. Stamp or coin-collecting, gardening, cycling, music, movies and hiking are some hobbies that people usually adopt. All these hobbies have their own good or bad aspects. But I think that book reading is far better than all these hobbies as it prepares us for life. It provides both knowledge and joy.

In this selfish world, books are selfless friends. They never leave us in the lurch. They are helpers to the helpless and friends to the friendless. One must be careful in selecting books. Some books are more dangerous than scorpions and more poisonous than snakes. Such books pollute our minds and souls.

Bacon, the great essayist, says:

### **Some books are to be tasted; others to be swallowed and some few to be chewed and digested**

It means that we should read only such books as illuminate our minds and purify our souls. I have a small library in my house. I have collected a number of books on different topics: politics, religion, Urdu and English literature, science and general knowledge. All these books have been bought with the pocket money that my parents give me every month. I don't waste it on movies or hotels.

Francis Bacon says:

### **Reading makes a full man; conference a ready man and writing an exact man**

There is no doubt that reading has many advantages. It makes a man complete through knowledge and wisdom. Books widen our outlook and place the treasure of knowledge before us. By reading good books we can also become noble.

Reading of books is also a great pleasure. It gives us peace of mind and satisfaction. It is also a great source of recreation. Of course a person who has developed the hobby of reading only can enjoy all the benefits of reading. In reality every person should develop the good habit of reading or any other healthy hobby. When we feel tired and dull, our hobbies provide us delight. Healthy hobbies add hope and happiness to this machine-like life of ours.

### **You have to have hobbies to keep your hands busy or you will get bored**